



Royal Lymington Yacht Club



One-Design Keelboat Points Series



Various dates between Saturday 24th April and Saturday 30th October 2021

Royal Lymington Yacht Club, Bath Road, Lymington, Hants SO41 3SE.

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SAILING INSTRUCTIONS

Participants shall be guided by the RYA document *Sailing & Racing in Mixed Households* and by the Control Measures outlined in the Royal Lymington YC document "Pontoon & On the water activities – Coronavirus Covid-19 Virus" – both of which can be found on the RLymYC website at:

<https://rlmyc.org.uk/About/Covid19>

By entering any race participants confirm that they have read and understood the requirements of both documents.

The Organizing Authority is the Royal Lymington Yacht Club.

1. Rules

- 1.1. The event is governed by the rules as defined in *The Racing Rules of Sailing, (RRS)*.
- 1.2. Boats intending to race, racing or that have been racing, may be found to break the IRPCAS if they impede the passage of a vessel (such as a Wightlink ferry) that can safely navigate only within a narrow channel or fairway. A boat that breaks RRS 42 in order to comply with IRPCAS, or for other safety reason, shall report the incident to the race committee before the end of the protest time limit for that race. If no racing advantage was gained, there will be no penalty. In cases of doubt, the race committee shall protest the boat in order that the protest committee may hear the case and decide any appropriate penalty.
- 1.3. Add to RRS 32.1: '(e) for any reason considered appropriate by the race committee.'
- 1.4. Competitors and support persons shall comply promptly with any reasonable instruction by a race official.
- 1.5. When flag Y over A is displayed with one sound before or with the warning signal, competitors in boats not fitted with life-lines shall wear personal flotation devices in accordance with RRS 40.1.
- 1.6. RRS 44.1 is changed so that the two-turn penalty is replaced by the one-turn penalty (one tack and one gybe).

2. Communications with Competitors

- 2.1. Notices to competitors will be posted on the class notice boards in the ground-floor hallway of the clubhouse.
- 2.2. A list of entries and their handicaps / TCFs may be published on the notice boards as in 2.1.
- 2.3. The following communications may be made by the race committee on VHF Channel 72. If the race committee display a pink flag, alternate VHF Channel 69 will be used.
 - Time check(s)
 - The race area and race schedule each day; any schedule changes
 - Any change of starting order for multiple class starts
 - The approximate location of the race committee vessel
 - The use of alternate preparatory signals
 - The courses to be sailed and any changes or shortening
 - The approximate bearings and distances to moveable/first marks
 - The warning, preparatory and starting signals for all classes.
 - Between the warning and preparatory signal, any starting penalty flag to be displayed.
 - Sailing Instruction changes (confirmation of changes posted)
 - Postponements and abandonments
 - Individual and general recalls
 - The intended time of the first start of a starting sequence

3. Changes to Sailing Instructions

- 3.1. Any change to the Sailing Instructions will be posted no later than 2 hours before the first scheduled race on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.



4. Signals made Ashore

- 4.1. Signals made ashore will be displayed from a flagstaff on the upper balcony of the Club.
- 4.2. When AP is displayed ashore, '1 minute' is replaced with 'not less than 60 (sixty) minutes' in the race signal AP. This changes RRS Race Signals..

5. Schedule of Races

- 5.1. The event is scheduled and divided into Series as listed in the supplement to the Notice of Race.
- 5.2. When more than one race is scheduled in a day, second and subsequent races will be started as soon as practical.
- 5.3. After a long postponement, or to alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound, at least four minutes before a warning signal is displayed.

6. Class Flags.

- 6.1. Class Flags will be IC code flag W (blue with a red square inside a white square).  for XODs and IC code flag F (white with red diamond) for  Nordic Folkboats.

7. Racing Areas

- 7.1. The locations of the racing areas are shown in Attachment A.

8. Courses

- 8.1. The courses are described in Attachment A.

9. Marks

- 9.1. The marks are described in Attachment A.

10. Areas that are Obstructions

- 10.1. Areas designated as obstructions are shown in Attachment A.

11. The Start

- 11.1. Races will be started by using RRS 26 with the warning signal made 5 (five) minutes before the starting signal and the preparatory signal one minute later.
- 11.2. Visual Signals for the warning, preparatory and starting signals may not be displayed. This changes RRS 26. Times shall be taken from the sound signals which may be available on VHF.
- 11.3. The starting line and its location is described in Attachment A.
- 11.4. A boat starting later than 10 minutes after her starting signal may be scored Did Not Start without a hearing. This changes RRS A5.
- 11.5. If a flag other than 'P' is to be used as the preparatory signal, that flag may be displayed before, and removed at, the first warning signal of the starting sequence.
- 11.6. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other boats. Boats breaking this Sailing Instruction may be penalised by the race committee with a 20% scoring penalty without a hearing. This changes RRS A5.

12. Change of Course

- 12.1. The system for changing the course is described in Attachment A. There will be no change of course after the warning signal except as described in Sailing Instruction A10 – Shortening Course.

13. The Finish and Shortening the Course

- 13.1. The finishing line is described in Attachment A.
- 13.2. Procedures for shortening the course are described in Attachment A.

14. Penalty System

- 14.1. RRS Appendix T1 – Post-Race Penalties shall apply.
- 14.2. The penalty for a boat found to have broken a rule of RRS Part 2 in an incident that causes injury or damage shall be:
- (a) For the first incident in a series, disqualification, but this may, at the discretion of the protest committee and depending upon the circumstances of the incident, be not excludable..
 - (b) For the second incident in a series, disqualification that is not excludable..
 - (c) For the third and subsequent incidents in a series, the protest committee shall act under RRS 69, Misconduct taking the facts of the incidents to be 'information from any source' as in RRS 69.2(c).
 - (d) When the race is part of more than one series, the penalty shall apply to all those series.
- For the purpose of this rule, 'damage' is damage that requires immediate repair that precludes a boat taking part in the next day of racing in the series; 'injury' is injury that requires immediate medical attention beyond first aid.

15. Time Limits and Target Times

15.1. The time limits and target times are as follows:

Class / Date	Time Limit (1) For 1 st boat to finish as RRS 35.	Time limit (2) Latest time to finish after 1 st boat sails the course and finishes.	Time limit (3) Latest time to finish (even if time limit (2) has not expired).	Target Finish Time for first class to start (normally XODs)
When one race per day is scheduled	1700	20 minutes	1700	1615 - 1645
When more than one race per day is scheduled	90 minutes	10 minutes	1700	16:15 to 16:45 for the last race sailed on a day

15.2. Boats that do not finish within time limit (2) or (3) will be scored in accordance with Sailing Instruction 17.3

15.3. This Sailing Instruction changes RRS 35, RRS A5.

16. Protests and Requests for Redress

16.1. RRS Appendix T, Arbitration, applies.

16.2. Spare.

16.3. For each class, the protest time limit is 90 minutes after the last boat has finished the last race of the day. However, for protests alleging a breach of the IRPCAS based on a report from a source external to the Club, the protest time limit is 7 days after the alleged breach.

16.4. Notices will be posted as soon as possible after the final protest time limit of the day to inform competitors of hearings in which they are parties or named as witnesses.

16.5. Spare.

16.6. Penalties for breaches of rules, except RRS Part 1 and 2 and other rules are at the discretion of the protest committee.

16.7. In RRS 62.2(a) and 66.2(a) are deleted.

16.8. Unless notified otherwise, full protest hearings will be heard from 1500 on the Sunday following the day on which the race concerned took place.

16.9. A boat that has taken a penalty under RRS 44.1 shall complete an acknowledgement form at the race office within the protest time limit.

16.10. Competitors are requested to advise the finishing boat by VHF if intending to lodge a protest or request redress.

16.11. Boats that do not wish to return to RLymYC shall register their intention to protest with the committee vessel immediately after finishing or retiring and not more than one hour after the last boat has finished. They shall then submit a protest form within 48 hours and agree to a hearing at a later date.

16.12 Covid Measures for the conduct of hearings.

16.12.1 Requests for hearings, including protests, redress and reports shall be notified to the race office within the protest time limit either by telephone; 01590 672677, email <mailto:vicky@rlmyc.org.uk> or WhatsApp; 07516029747. For protests and requests for redress, the incident shall be identified (race, time, location, brief description) For reports, a brief description shall be provided. None of these need be in writing, but electronic text is encouraged. This changes RRS 61.2.1

16.12.2 A full hearing request, preferably completed on the form available on the event web pages, shall be submitted electronically to the race office at <mailto:vicky@rlmyc.org.uk> within 24 hours of the end of the protest time limit. Any diagrams should be created and scanned if necessary. This changes RRS 61.3.

16.2.3 Arbitration meetings and protest committee hearings may be conducted in accordance with a Covid Hearing/Arbitration protocol that will be published on the event web pages.

16.12.4 In accordance with RRS 63.2, arbitration meetings and protest committee hearing schedules will be posted on the event web pages. All information regarding the allegations will be available on request from either the race office, the Arbitrator (if appointed) or the protest committee chair.

17. Scoring

17.1. The number of races required to complete a series and the number of discards are specified in the Notice of Race.

17.2. RRS A5.3 applies

17.3. A boat that is racing when her time limit expires or a boat that retires before her time limit expires and informs the race committee promptly by VHF or telephone and provided her retirement is not caused by her breach of a rule, shall be scored points for the finishing place one more than the last boat to finish. This changes RRS A4 and RRS A9.

17.4. The class or divisional committee will allocate a handicap to each boat, which shall be used to determine its placing in the handicap series.

17.5. Boats shall be entered in the series results only after they have started a race.

17.6. A boat that is unable to race because a member of its crew is requested to join the race committee for that race may be scored average points for up to 2 such races in the series. The average points will be calculated as the average points score for all races sailed by the boat in that series. A boat sails in a race if she is ever subject to the rules of RRS Part 2 for that race.

18. Safety Regulations and Risk Statement

18.1. A boat that retires from a race shall notify the race committee as soon as possible. Boats may call the race committee on VHF 72, the RLymYC Sailing Office on 01590 672677 or the Sailing Manager on 07516 029747 to report their retirement. A boat that retires from a race and fails to notify the race committee within 1 hour of the last boat to finish shall be scored 1 more than the number of boats entered in the series at the time of the incident.

19. Replacement of Crew or Equipment

19.1. No authorisation is required for the substitution of crew or equipment, except as required by class rules.

20. Advertising

20.1. Boats are not required to display advertising supplied by the organizing authority.

21. Official Boats

21.1. Race committee vessels other than RIBs will display a white flag with a blue Lentune ship thereon



22. Prizes

- 22.1. Prizes will be awarded as specified in the Notice of Race.
- 22.2. Prizes will be presented at: a time and place to be organised by the class or divisional committee.

FURTHER INFORMATION

The incoming and outgoing ferries cross one another just south of the mouth of the Lymington River. Competitors need to be particularly wary in this area.