



Royal Lymington Yacht Club

Interim Keelboat Races 2020

COMBINED NOTICE OF RACE AND SAILING INSTRUCTIONS

Saturdays and Wednesdays August 8th – September 2nd.

1. Rules

- 1.1. The event will be governed by the rules as defined in *The Racing Rules of Sailing, (RRS)*.
- 1.2. Applicable Safety Regulations, Appendix 1 of these Combined NoR & Sis, shall apply.
- 1.3. Participants should follow Government guidelines and in particular not take part if they have a high temperature, have any coronavirus symptoms, have been in contact with any person with symptoms or have been told to self-isolate by the Track and Trace service.
- 1.4. Participants shall be guided by the RYA document Sailing & Racing in Mixed Households and by the Control Measures outlined in the Royal Lymington YC document "Pontoon & On the water activities – Coronavirus Covid-19 Virus" – both of which can be found in the Member's section of the RLymYC website see: http://rlymyc.org.uk/Member-Central/Member_s_Documents. By entering any race in accordance with 2.1.2 participants confirm that they have read and understood both documents.
- 1.5. RRS 44.1 is changed so that the two-turn penalty is replaced by the one-turn penalty (one tack and one gybe).

2. Eligibility and Entry

- 2.1. Participation is open to any XOD or Nordic Folkboat that was properly entered in any Royal Lymington YC Wednesday and/or Saturday race in 2019.
 - 2.1.1. There is no entry fee.
 - 2.1.2. Any XOD or Nordic Folkboat sailing in the vicinity of the starting area in the 10 minutes before the warning signal for any race shall be deemed to have entered all races sailed on that day.
 - 2.1.3. Nordic Folkboats shall not use spinnakers on Wednesdays and outboard engines whenever carried may remain on the transom while racing.

3. Communications with Competitors

- 3.1. Participants shall carry and maintain listening watch on a VHF radio capable of receiving and transmitting on VHF Ch 72. Visual signals will not be displayed. This changes RRS 29, 30 and Race Signals.
- 3.2. The following communications will be made by the Race Committee on VHF Channel 72:
 - 3.2.1.1. Time check(s)
 - 3.2.1.2. The approximate location of the Race Committee Boat
 - 3.2.1.3. The use of alternate preparatory signals
 - 3.2.1.4. The courses to be sailed and any changes
 - 3.2.1.5. The warning, preparatory and starting signals.
 - 3.2.1.6. Postponements and abandonments
 - 3.2.1.7. Individual and general recalls
 - 3.2.1.8. The intended time of the Warning Signal of a starting sequence.

4. Schedule of Races

- 4.1. Races will be held on Saturdays and Wednesdays between Saturday 1st August and Wednesday 2nd September 2020
- 4.2. There may be up to three races per day.
- 4.3. The Warning Signal for the first XOD race will be at 1400. The Warning Signal for the first Nordic Folkboat race will be at 1405. Times of subsequent races will be broadcast on VHF 72

5. Scoring

- 5.1. Races will be scored in accordance with RRS Appendix A save that there shall be no series scoring. Each day of racing is a stand-alone exercise.

6. Courses and Marks

- 6.1. The list of marks of the course is published on the Club website and available from the Club Office as West Solent Racing Marks & Lymington Inshore Racing Marks. Courses set may use marks from either or both lists.
- 6.2. The course to be sailed, including a description of the start and finish lines, any special marks to be used *etc.* will be announced on VHF 72 after the display of the Orange flag and before the Warning Signal. The course announcement may include objects or areas that are designated *Obstructions* as defined in RRS.

7. Protests, Requests for Redress and Dispute Resolution

- 7.1. A boat intending to protest shall act in accordance with the requirements of RRS 61.1 (Hail of 'Protest', display of flag B *etc.*).
- 7.2. Boats intending to Protest shall inform the Committee Boat by VHF within five minutes of the finish of the last boat in the race in question. This requirement constitutes the protest time limit.
- 7.3. RYA Rules Dispute Advisory and Mediation Hearings are available and shall be the first recourse used in dispute resolution.
- 7.4. Should the procedure in 7.3 fail to resolve the dispute a Hearing will be arranged. Procedures for the hearing will be communicated to the parties to the protest. The hearing may be face-to-face within the constraints of HMG guidance and/or regulations on such meetings or may be by Zoom or equivalent method.
- 7.5. Notice of protests by the Race Committee or Protest Committee if not already announced in accordance with 7.1 above will be sent by email to inform boats under RRS 61.1(b).
- 7.6. Penalties for breaches of rules, except RRS Part 1 and 2, are at the discretion of the Protest Committee.
- 7.7. This Sailing Instruction modifies RRS 60, 61, 62, 63, 64 and 65.

APPENDIX 1 Safety Regulations

XODs competing in races run under the burgee of the Royal Lymington YC shall carry the following safety equipment:

XSR 1. A minimum of 2 (in date) flares, either 2 x red or 2 x orange or one of each.

XSR 2. A bucket or bailer (of 9 Litres capacity or larger).

XSR 3. A minimum of one manually operated bilge pump.

XSR 4. A minimum of one sweep oar or two paddles.

XSR 5. A minimum of one anchor & chain 7kg & 18m of warp.

XSR 6. A rescue quoit or throw bag with at least 15m of floating line.

XSR 7. Personal buoyancy for each member of the crew.

XSR 8. A first aid kit.

XSR 9. A VHF radio in working condition and capable of receiving and transmitting on all public marine channels.

Safety Regulations for Nordic Folkboats will be found on the RLymYC website and are deemed to be incorporated herein. See: https://rlymyc.org.uk/getmedia/fb37fd13-4756-4cb3-b72a-22eae5023aae/RLymYCSafetyRegulations_2020_Folkboats.aspx